

Summer Ideas



Dear Preschool Families,

This year did not end the way we had all hoped! Thank you for sticking it out with us and working so hard with your children at home. We wish we could have had school in building, but we feel so lucky to have you right there by our sides to support each student in their distance learning. You have been amazing teachers in our absence and we hope this the summer will provide less stress and more fun. As the year is finishing up and some of us our getting ready for summer, we have put together a calendar of ideas for you and your student. This is not required, it is just for fun and to get ready for the next school year. I hope that this packet might be of use to you. We will also be keeping our website up for you to access virtual field trips and weekly plans from the building closure.

We have really enjoyed working with all of you and your students over the past year and look forward to working with some of you again next year. Have a restful and relaxing summer vacation!



Enjoy your summer!

-SFE Preschool Team

Suggested Books

- * The Wonkey Donkey
- * The Little Engine that Could
- * The Paperboy
- * Down by the Cool of the Pool
- * The Giving Tree
- * Corduroy
- * No, David!
- * How Do Dinosaurs Say Good Night?
- * Love You Forever

- * Thelma The Unicorn
- * Giraffes Can't Dance
- * The Sun is Kind of a Big Deal
- * Are Pirates Polite
- * Brown Bear
- * Bear Snores On
- * Hiccupatomus
- * Goodnight Goodnight Construction Site
- * Clark the Shark

- * Chicka Chicka Boom Boom
- * Little Blue Truck
- * Rainbow Fish
- * Pete the Cat, Groovy Buttons
- * We're Going On a Bear Hunt
- * Little Critter, All by Myself
- * The Feelings Book
- * The Way I Feel
- * How Do Dinosaurs Go to School

JUNE

Summer Preschool Optional Homework

<p>Week 3</p>	<p>Play Freeze Dance (Super Simple Song)</p> <p>Sort the socks in the laundry by color, by person, or by style (tall and short)</p>	<p>Find 10 or 20 yellow objects in your house, talk about their function (what do you use these items for) and where did you find them (under, on top, behind, etc)</p> <p>Draw a picture of yourself doing your favorite activity (where are you? what are you doing?)</p>	<p>Look at a book together and have your child pat or point to pictures. Have them answer questions</p> <p>Freeze an object (small toy, fake jewelry) in a cup of water and let your child pour warm water on it to melt it.</p>	<p>Put oatmeal, rice or beans in a tub. Give child cups and spoons to scoop and pour. Let them pour over their other hand and cover, then wiggle fingers. Save for sensory time on Thursday.</p> <p>Have your child sort the laundry, after it is clean, have them fold it with you and help put away clothes in drawers.</p>
<p>Week 4</p>	<p>Draw a chalk obstacle course with hopping, twirling, jumping with two feet together, and walking backwards on a line)</p> <p>Blow bubbles together and chase them to pop them.</p>	<p>Make Playdough (recipe on SFE Preschool Website: Ellen Caletti)</p> <p>Have your child put their shoes on before you go outside.</p>	<p>Roll 5 Play-doh snakes. Have your child build a letter or number using a visual.</p> <p>March to your favorite song. Then try tip toe, skate (sliding feet) and stomp to it.</p>	<p>Practice putting your socks and shoes on.</p> <p>Offer your child 2-3 books and let them choose one. Help them orient the book with cover on top and facing right side up.</p>

JULY

Summer Preschool Optional Homework

Week 1	Write your name in 3 different colors Play red light green light	Count the number of windows you have at home Practice saying goodbye/hello: Listen to a <u>Super Simple</u> song about hello or goodbye	Draw 5 circles, and color them in. Practice staying inside the lines Find 5 things in your house that are the shape of a circle	Pick out your own outfit: shirt, shorts, underwear, socks, shoes Show your best dance moves to your favorite song in the outfit you chose!
Week 2	Draw a picture of a sunny day Count and group cereal into groups of 5 (color, shape, size, etc)	Count the number of clocks you have at home: what shapes are they? Practice opening door and holding open for someone	Draw 5 squares and color them in. Practice staying inside the lines Find 5 things in your house that are the shape of a square	Practice putting on your socks and shoes Go for a walk, pick up items to sort by "long" and "short"
Week 3	Play Simon Says Write your name in three different colors	Count the number of doors you have in your house Practice writing your last name 3 times	Draw 5 triangles and color them in. Practice staying inside the lines Find 5 things in your house that are the shape of a triangle	Help set the table Pick out your own snack
Week 4	Draw a picture of you during a rainy day: what body parts can you add to your picture or details? Practice days of the week: do you remember the song from circle time (Adams Family beat)	Practice opening your own snacks-bags, containers, etc. Talk about the shapes of your containers as you open and close them	Draw 5 rectangles and color them in. Practice staying inside the lines Find 5 things in your house that are the shape of a rectangle	Brush your teeth, pick out your jammies and put them on Pick out a bedtime story


AUGUST

Summer Preschool Optional Homework

<p>Week 1</p>	<p>Make a blanket tent and pretend to be camping. Make forest animal noises (ex: bear, owl, bird, cougar, squirrel)</p> <p>Practice writing your name in 3 colors</p>	<p>Draw a picture and sign your name. Send it to a loved one</p> <p>Work on naming the emotions. Stand in front of a mirror and name an emotion, see if you child can make a face that matches that emotion.</p>	<p>Find objects around the house and compare sizes. Big/small, tall/short, wide/narrow.</p> <p>Crab walk across your room</p>	<p>5 senses scavenger hunt – find 2 things that have different textures you can touch, 2 items with different smells, listen for 2 different sounds, taste 2 different flavors, find 2 different visual stimuli (shiny, dark)</p> <p>Watch With My Heart (Super Simple Song)</p>
<p>Week 2</p>	<p>Create a zoo by placing stuffed animals around a room. Walk around with your child and help them name and describe each animal (ex: I see a tiger. It is orange. It makes a loud roaring sound)</p> <p>Count to 10 while giving each other a high 5</p>	<p>Make a music shaker out of a bottle and something to fill it with (corn, beans, rice, small rocks) Close up the bottle, Tie some ribbon around the neck of bottle.</p> <p>Use your music shaker and dance to When the Band Comes Marching In (Super Simple Song)</p> 	<p>Identify simple shapes around your house: circle, square, triangle, rectangle, oval</p> <p>Go bowling at home. Use plastic cups as your bowling pins and a small ball. Have your child count how many pins are knocked down each time.</p>	<p>Sink of float – Fill a bin with water. Ask your child to collect a few small items around the house to drop in the water. Ask if they think each one will sink or float before they put them in.</p> <p>Practice “STOP” and “MORE” while reading a story. Stop after a couple pages and have your child request “more” story</p>
<p>Week 3</p>	<p>Create a car wash by filling up a bowl or tub with water (with or without soap) and have your child scrub toy cars or other toys with an old toothbrush or rag</p> <p>Find 3 rocks outside, look for the differences</p>	<p>Practice writing your name on the driveway or sidewalk with water and a paintbrush or your finger. Can you finish your name before it dries?</p> <p>Read a story to your child and then ask them to retell it to you by looking at the pictures</p>	<p>Have your child practice putting on their shoes independently before going outside.</p> <p>Use tongs to transfer ice cubes from one bin to the other.</p>	<p>Play catch with a ball or bean bag. Count out loud each time you pass the ball.</p> <p>Create 2 color patters with items around the house</p>
<p>Week 4</p>	<p>Teddy bear Picnic – Pack up your child’s lunch or snack and a blanket and their favorite stuffed animal and set up a picnic in your yard or a room in the house. Let them have a picnic lunch with their special “friend”</p> <p>Practice saying the days of the week</p>	<p>Make letters out of playdough</p> <p>Have your child pick up their toys by color. Ask them for all of one color at a time.</p>	<p>Take a walk to look for small rocks and pinecones that you can paint when you get home.</p> <p>Draw thick lines on a piece of paper have your child cut on the line</p>	<p>Write the uppercase alphabet on a piece of paper. With a Q-tip and paint have your child dot paint over the letters.</p> <p>The Alphabet IS So much Fun (Super Simple Songs)</p>

SEPTEMBER

Summer Preschool Optional Homework

Week 1	<p>Find 10 or 20 green objects in your house, talk about their function (what do you use these items for) and where did you find them (under, on top, behind, etc)</p> <p>Practice saying hello and good-bye to people. Listen to the Hello Song on Super Simple Songs</p>	<p>Follow the leader: walk, hop, tiptoe (forwards and backwards)</p> <p>Trace and write the numbers 0-5 in salt or sand in a cookie sheet or tray.</p>	<p>Play more/less with cups of water, use 3 cups put in order least to most. Make a sensory bin by putting different size objects in a bin or tray.</p> <p>Try the superman stretch: arms and feet up off the ground.</p> 	<p>Play red light, green light- work on impulse control</p> <p>Take turns hiding and seeking during hide and seek.</p>
Week 2	<p>Have your child brush their teeth: talk about the top and bottom, back and front, up and down.</p> <p>Sing ABC's and count to 10 by clapping 10 times.</p>	<p>Go on a walk and find items that are big and small. Bring them home and glue them down to the a sheet of paper (one side being small items and the other big items- label the sides)</p> <p>Practice opening snack containers/ bags/ drinks (twisting caps, ziplock baggies, Tupperware containers)</p>	<p>Find 10 or 20 red objects in your house, talk about their function (what do you use these items for) and where did you find them (under, on top, behind, etc)</p> <p>Practice putting on a backpack, taking it off and using two hands, one to stabilize and the other to zip. Practice and label open and close.</p>	<p>Trace the letters in your student's name in salt or sand in a cookie sheet or tray.</p> <p>Do wheel barrow walking to clean up toys. Hold your child's feet up and have them walk on their hands to pick up items and put them in a bin.</p>